



Commonwealth of the Northern Mariana Islands Department of Community and Cultural Affairs Office of the Secretary



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**Joseph P. Deleon
Guerrero
Secretary**

Completion of Mind in the Making Training Modules, by Child Care Directors/Leadership Cohort 1

**Vivian Sablan
Administrator**
Division of Youth
Services

On Wednesday, September 28, 2022, a total of 11 Directors/Leaders from Gana Day Care Center, Golden Harvest International School and Day Care Center, Northern Marianas International School, Pure Love, and R & EQ Day/Night Child Care Center completed the Mind in the Making Training Modules, which includes the Seven Essential Life Skills.

**Rita Chong
Historic Preservation
Officer**
Historic Preservation Office

The Seven Essential Skills Training Modules, a project of the Bezos Family Foundation, are a set of eight modules that draw on brain development research to inform practices that lead to

**Parker Yobei
Executive Director**
Commonwealth Council
for Arts & Culture

better outcomes for children through the promotion of essential skills that take place in the prefrontal cortex of the brain. Each module covers one of the essential skills, and an introductory module provides a broad overview. Trainings provide participants the opportunity to reflect on their own experiences and practices, learn about what researchers have discovered about how children learn best, and discuss how to apply this research in their role as Directors and Leaders at the Child Care Center.

**Walter A. Manglona
Director**
Office on Aging

The Seven Essential Life Skills of Mind in the Making are: Focus and Self-Control, Perspective Taking, Communicating, Making Connections, Critical Thinking, Taking on Challenges, and Self-Directed, Engaged Learning

**Walter I. Macaranas
Administrator**
Nutrition Assistance
Program

With this completion, the Directors/Leaders Cohort 1 are ready to implement what they have learned, as an approach and to support what their centers are already doing, as brain builders for children.

**Melvin Faisao
Executive Director**
Chamorro/Carolinian
Language Policy
Commission

Completing the training are Lilibeth Castro (Gana Day Care Center), Do Hyeon Kwon (Gana Day Care Center), Evelyn A. Drilon (Golden Harvest II), Jennifer P. Reyel (Golden Harvest, San Jose), Darlene J. Sobremisana (NMIS), Mary Jane L. Viola (NMIS), Bona V. Angeles (Pure Love I), Elvie D. Pangilinan (Pure Love II), Amaleene P. Ramos (R & EQ Day/Night Child Care Center), Jocelyn Paano (R & EQ Day/Night Child Care Center), and Rex John Penaroyo (R & EQ Day/Night Child Care Center).

**Maribel D. Loste, M.Ed
Director/Administrator**
Child Care and
Development Fund
(CCDBG)

**Low Income Home Energy
Assistance Program
(LIHEAP)**

These training sessions were facilitated by the Melissa Palacios, Science of Early Learning Coordinator and assisted by the Rayanna Fitial, Science of Early Learning Administrative Assistant, both from Evergreen Learning.

**Gordon Salas
Supervisor
Childcare Licensing
Program**

Garapan Street Market

