



Commonwealth of the Northern Mariana Islands

Department of Community and Cultural Affairs

Office of the Secretary



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**Joseph P. Deleon
 Guerrero
 Secretary**

Completion of Brain Builders Training Modules by Child Care Providers

**Vivian Sablan
 Administrator
 Division of Youth
 Services**

On Saturday, October 22, 2022, a total of 20 participants, from different Child Care Centers completed a series of training, consisting of four Brain Builders Modules. The four Brain Builders Training Modules included Brain Basics, Cognitive Development and the Stages of Growth, Executive Functions, and Social-Emotional Development.

**Rita Chong
 Historic Preservation
 Officer
 Historic Preservation Office**

The Module 1: Brain Basics included the brain parts, their functions, and the stages of brain growth and development. The phrase “executive function” refers to a set of skills. These skills underlie the capacity to plan ahead and meet goals. It is skills that display self-control, follow multiple-step directions even when interrupted and stay focused despite distractions. Social Development deals with how children establish friendships and build relationships, handle conflicts with peers and establish conflict resolutions to solve social challenges, and interact with others. Lastly, Emotional Development is the ability/capacity to manage and/or regulate emotions and strong feelings, which often lead to building the ability to manage successful interactions and relationships with others.

**Parker Yobei
 Executive Director
 Commonwealth Council
 for Arts & Culture**

**Walter A. Manglona
 Director
 Office on Aging**

**Walter I. Macaranas
 Administrator
 Nutrition Assistance
 Program**

These training modules were facilitated by Melissa Palacios, Science of Early Learning Coordinator and assisted by Rayanna Fitial, Science of Early Learning Administrative Assistant, both from Evergreen Learning. The training was conducted via Zoom.

**Melvin Faisao
 Executive Director
 Chamorro/Carolinian
 Language Policy
 Commission**

**Maribel D. Loste, M.Ed
 Director/Administrator
 Child Care and
 Development Fund
 (CCDBG)**

As this cohort successfully completed the training modules, they may now use what they’ve learned to further support, guide, and nurture children’s overall growth and development, especially brain development, by simply following the children’s lead.

**Low Income Home Energy
 Assistance Program
 (LIHEAP)**

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**Gordon Salas
 Supervisor
 Childcare Licensing
 Program**

Garapan Street Market



