



Commonwealth of the Northern Mariana Islands
Department of Community and Cultural Affairs
Child Care and Development Fund (CCDF) Program
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CNMI's Parent and Community Cohort 2 (NMIS Daycare) Completion of Mind in the Making!

On Saturday, July 01, 2023, a total of 3 participants completed Mind in the Making Training Modules. The Seven Essential Life Skills are Focus and Self Control; Perspective Taking; Communicating; Making Connections; Critical Thinking; Taking on Challenges, and Self-Directed and Engaged Learning.

The Seven Essential Life Skills Training Modules, are a set of modules that draw on brain development research to inform practices that lead to better outcomes for children through the promotion of essential skills that take place in the prefrontal cortex of the brain. Each module covers one of the essential skills, and an introductory module provides a broad overview.

The training provides participants the opportunity to reflect on their own experiences and practices, learn about what researchers have discovered about how children learn best, and discuss how to apply this research in their role as a parent or educator.

This training was facilitated by Rayanna Fitial, Science of Early Learning Administrative Assistant. The training was held at NMIS Daycare Center.

As this cohort successfully completed the training sessions, they may now implement what they have learned at home with their children, and at work as advocates for children.

On behalf of the Child Care Development Fund (CCDF) Program, and Evergreen Learning, the CNMI Brain Builders Team extends its **CONGRATULATIONS** to this cohort. Way to go Brain Builders!

This training is made possible through funding from the Department of Health and Human Services, Office of Child Care, CNMI CCDF Program under the Department of Community and Cultural Affairs.

