

Learn More about Your Child's Development:

Developmental Monitoring and Screening



Taking a first step, waving “bye-bye,” and pointing to something interesting are all developmental milestones, or things most children can do by a certain age. Children reach many milestones in how they play, learn, speak, act, and move. Developmental monitoring and screening are ways to look for your child’s developmental milestones.

Developmental Monitoring

- WHO:** You — parents, grandparents, other caregivers
- WHAT:** Look for developmental milestones
- WHEN:** From birth to 5 years
- WHY:** To help you:
- celebrate your child’s development
 - talk about your child’s progress with doctors and child care providers
 - learn what to expect next
 - identify any concerns early
- HOW:** With easy, free checklists – get yours at www.cdc.gov/Milestones

Developmental Screening

- WHO:** Healthcare provider, early childhood teacher, or other trained provider
- WHAT:** Look for developmental milestones
- WHEN:** At 9, 18, and 24 or 30 months, or whenever there is a concern
- WHY:** To find out:
- if your child needs more help with development, because it is not always obvious to doctors, child care providers, or parents
 - if a developmental evaluation is recommended
- HOW:** With a formal, validated screening tool – learn more at www.hhs.gov/WatchMeThrive

➤ All young children need both developmental monitoring and developmental screening.

➤ The best person to track your child’s development is you!

Use free **milestone checklists** and go over them with the doctor at every well-child visit.

To see *Milestones in Action* visit www.cdc.gov/Milestones.

➤ What if your child is not reaching milestones as expected?

You know your child best. If you are concerned about your child’s development, talk with your child’s doctor about your concerns and ask about developmental screening. For more information, go to www.cdc.gov/Concerned. Don’t wait! Acting early can make a real difference.

Your child’s development is a journey.
Monitoring and screening show you the way.

www.cdc.gov/ActEarly

1-800-CDC-INFO (1-800-232-4636)



Learn the Signs. Act Early.



Commonwealth of the Northern Mariana Islands
Department of Community and Cultural Affairs
Child Care and Development Fund (CCDF) Program

Caller Box 10007 Bldg. No. 1347/1344 Ascension Drive
Capitol Hill, Saipan, MP 96950
Website: www.childcare.gov.mp



"All children in the CNMI will be safe, healthy, and thriving members of our culturally diverse community. Their families will have access to the high quality supports they need to achieve their potential."

DEVELOPMENTAL SCREENING ACKNOWLEDGEMENT

(Only required for children 6 weeks old to 5 years old)

I/We, _____ & _____ have read/been informed of regarding Developmental Screenings. I understand that my child/children will have a Developmental Screening completed at my provider of choice within 45 calendar days after enrollment.

Done on this _____ day of _____ 202____ on (Saipan/ Tinian/ Rota), Commonwealth of the Northern Mariana Islands.

Applicant Print & Sign

Co-Applicant Print & Sign

2.7.2024